

Excerpts from Karen Perry-Kaplan's study  
April to June 2003  
4<sup>th</sup> grade classes

- Most noticeable to me was that the less skilled participants got the most encouragement from their team members and showed the most improvement in both skills and attitude. It definitely improved their self-esteem and motivated them to work hard and do their best.
- During the entire time, there never appeared to be a child who was not challenged to do their personal best. The difficulty of the tests did not seem to matter, as the students were always challenged and working towards improving their own scores or beating their classmate's scores.
- Sometimes classmates would set goals for whoever was at the wall. There was definitely both class and team building and never a sportsmanship problem.
- Some special education used the wall for positive reinforcement with some difficult students and it worked well.
- SmartBall is a great addition to my Fitness and Health program. It adds a whole new dimension with unlimited possibilities for skills and fitness development.
- It is very easy to operate and its benefits are limited only by the user's creativity
- It is well received by elementary school students of all ages and levels of skills.